

From the Administrator:

The fall is approaching. We are preparing for our fall resident party. This year we will be celebrating with an Oktoberfest. This event will take place on September 10th from 12 p.m. to 3 p.m. There will be live entertainment, raffle drawings and delicious food for all the residents to enjoy.

As a follow up to our resident council floor meetings that took place in August, please remember that the staff at The Granville will handle issues and problems as they arise. Please remember if an issue does not concern you, don't make it yours. Life is easier when you have less to deal with.

smoking area is 15 feet from the front entrance. Remember to honor the state law and stay 15 feet from the front door when smoking. Also remember to ALWAYS dispose of cigarettes properly (in the ashtrays).

If you have any updated information such as telephone number, doctor or family contacts, stop by the desk and give it to us.



From the Activities Director:

Summer continues with some unpredictable weather. That's what August is all about. I don't know about you, but it seems like the months are just flying by. Sometimes the weeks go so fast I can't catch up to them. Oh well, "That's Life", and I sure do love it. I can't imagine myself being anywhere else or doing anything else. You all make my life more fulfilled than words can say. Thank you all for who you are and all you do.

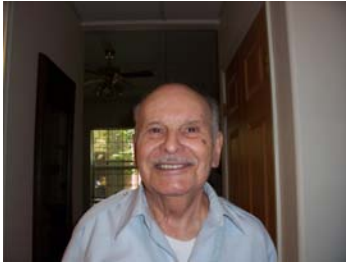
SEPTEMBER OUTINGS

SEPTEMBER Outings:

- | | |
|-------|--|
| 09/07 | Journey to the Stars @ Gates Planetarium |
| 09/08 | Islamorada Fish Company Restaurant |
| 09/15 | Ladies Lunch |
| 09/22 | Cinzzetti's |
| 09/23 | Cinema Grill |



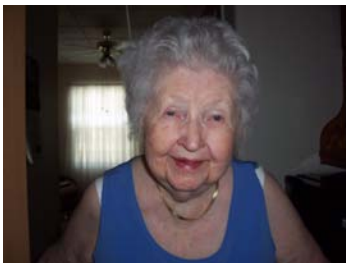
Welcome New Residents



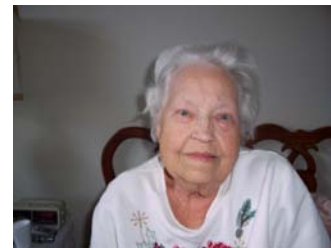
Luis Perez
#127



Peggy Crago
#115



Helen Spruill
#238



Evelyn Herbert
#302

On Your Words as Law

The words you use are important, for your mind is used to you giving it your impressions, your assessments. You are the general and your mind is the foot soldier. If you say, "It's hard," the mind believes that and creates the circumstances "hard" to fit the opinion you have given it. If you say, "it's simple—it's bloody simple," that's how it will be. You decide. Your words are important. If you constantly moan that life's a pain in the butt, you'll one day wake up with piles.

From: The secrets of Life

From the Residents

Each Day

Every day holds a promise. Commit your day to love, joy, peace, patience, and kindness.

Enjoy each dawn and sunset and the splendor of the beautiful Colorado Rocky Mountains along with the lovely flowers, art, and music that surrounds us.

Here at The Granville, the people are special and the activities provided are excellent. We appreciate all that is done for us.

Bloom where you are planted—at
The Granville!

By
Jeanette Sweet

Department Updates:

From The Kitchen:

- New menus will be coming out for Fall/Winter. Look for some tasty changes to come.

Resident Services:

- FLU SHOTS for NON Kaiser and TLC residents will be given on October 20th from 10:00 a.m. to 2 p.m.
- Please fill out a laundry slip each time you send out your dirty laundry. Laundry slips are available at the front desk and on the back of The Gazette. Laundry slips will help reduce lost laundry. You will not be reimbursed for lost laundry if you don't use a slip.
- Bathing assistance: Our staff can assist you with bathing two times a week. Due to time constraints, staff can only assist you for up to thirty minutes.
- Please leave your emergency pendants in your apartment when you are leaving the building.
- Room trays: Request for room trays must go through the front desk. A room tray will be delivered only if you are ill. If you continually order a room tray due to illness, we will ask you to consult your doctor before any more trays are delivered. We will not deliver room trays to the beauty shop.
- Fall Policy: The staff is not permitted to assist a resident in getting off the floor after a fall. This policy is in place to protect the resident from further injury. It is our policy to call the fire department. The fire department will assess the resident and provide lift-assistance.

Bookkeeping:

- Please make sure that your monthly bill is paid on time.

Housekeeping:

- Please remember to mark your clothes with your apartment number for the laundry. This will reduce the number of lost items. Also, empty all pockets.

Medications:

- If you refuse to take a medication (which you have the right to do) the staff cannot leave the medication with you. You can either take the medication in the presence of staff or the staff will have to dispose of it.
- Please do not buy any over-the-counter medication for your rooms without notifying Lesley or Jaime in the medication department.

Maintenance:

- Maintenance requests are to be put in writing ONLY and left at the front desk.

Happy Birthday!

Happy Birthday Residents:

Naomi Gallegos	09/05
Mary Jo Landrigan	09/19
Maxime Mahoney	09/20
Gloria Akin	09/23
Mary Ann Jamieson	09/25
Patrick Minahan	09/27

Happy Birthday Employees:

Jorge Martinez	09/01
MariaCervantes-Madriga	09/04
Urbano Avila	09/05
Lidia Sanchez	09/15
David Jenkins Jr.	09/23



Photos from THE GRANVILLE'S Activities !!!!!



FOR YOUR INFORMATION:



Please remember to sign out at the front desk whenever you are leaving the building.

Please remember to turn your lights and televisions off when you are not in your room. This saves energy so let's do our part to be Green.

Pat Fellows, Apartment #221 has the Scrabble Game for use on Fridays on the third floor. If you're interested please see her.

Thelma Cottier, Apartment #222, has the Yahtzee Game for use on Wednesdays and Saturdays. If you are interested please see her.

Please note that happy hour on Fridays are set aside for residents only. If you have relatives or friends visiting during that time, as much as we would like to accommodate them, our space is limited but you are more than welcome to attend.

If you have drinks or snacks in the common areas, please throw your trash away. Each common area has a trash can for this purpose. Please don't leave your trash on the tables or chairs.

Remember you can request a Birthday dinner from the kitchen. Please give them at least a week's notice if you would like a special Birthday dinner. The desk can print you the slip.

Massages are available from Amber on the second Monday of every month. The cost is \$10 for 15 minutes or \$40 for 1 hour. You can sign up for massages at the front desk.

Pat Patterson, #316, has the Uno Cards. If you need them, please see her.

F.Y.I about the Outings:

If you sign-up for an outing and decide not to go, you will be billed the cost of that outing. The seats are reserved weeks in advance.

Also, to simplify paying for the outings, we would like to collect payment when you sign up since many outing tickets need to be purchased in advance.

Please make sure that every outing you sign up for you are going to attend.

**Thank You,
Activities Department**

The Granville's; Department Head Staff

- Vennita Jenkins– Administrator
- Kathy Brock– Bookkeeper/Marketer
- Susan Rose– Activities Director
- Michelle McGinn– Resident Services Director
- Lesley Brown– Medication Coordinator
- Jaime Tafoya– Medication Coordinator
- Natalia Talada-Beautician
- Urbano Avila– Food Services Director
- Brent Starkebaum– Maintenance Coordinator
- Joe Whitney– Financial Analyst , Marketing
- Rose Marie Whitney– CEO
- Oat Whitney– CEO