

From the Administrator:

Red, Red, Red. That's my favorite color. I always loved Valentine's Day at school. Everyone brought in their valentines to share with the class. The teacher had us take a cardboard box and decorate it to be used to hold all of the valentine cards. Heart shaped cookies and cakes are in abundance during this time as well. Then, there are the heart shaped boxes filled with CHOCOLATE. My downfall. The medical profession does say that chocolate is good for you, especially DARK CHOCOLATE. I hope that you all have a good February and that you receive a valentine from that someone special.

Arleen



From the Activities Director:

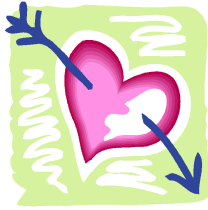
Happy Valentine's Day!

Once again I would like to thank everyone for making each day special for me. It is an honor for me to be a part of this wonderful organization. I would like to thank all of the volunteers that take time to help in the Activities Department. Your efforts are greatly appreciated. Please remember to sign up ASAP for outings, and always remember smiles are contagious!

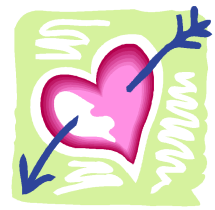
FEBRUARY OUTINGS

- 2/8 IMAX: Tornado Alley
- 2/11 Cirque De Soleil
- 2/15 Lunch and Shopping @McDonald's & DAV
- 2/16 Cinema Grill
- 2/24 Shopping @Wal-Mart
- 2/25 High Society
- 2/29 Bingo @Slammers





St. Valentine
♡♡♡♡



Welcome New Residents



Melba Weiman #120



Jackie Walton #122

Residents who Have Moved:

Carolyn Belarde

Marvin Holtzman

Wilma "Jean" Martin

Residents Who Have Passed Away:

The Secrets of Life

On Learning Through Mistakes

We came into this earthplane without a manual. We're not a Japanese digital box complete with instructions in nine languages. We just plopped here and we just have to muddle along tryin' to understand what the heck is going on without anyone really showin' us, "Hey, this is the way." And so if you allow the guilt trips of life to mess with you, it will rot your brain. The mistakes you made-you needed them. And the people you impacted through those mistakes-they needed them also. And so bit by bit, realizing that, you can come to a healing of your life.

From the Residents

1 Corinthians 13:4-7

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵ It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres.

Department Updates:

From The Kitchen:

- Please do not remove plates, silverware or napkins from the dining room.

Resident Services:

- Please wear your emergency pendants at all times when you are in the building. This will allow you to call for help when needed. It will also alert the staff that you need help.
- **Front Desk:** The evening receptionist leaves at 10:30 p.m. You can reach the night staff by calling the front desk at 303-274-4400. This will forward to the overnight cell phone. **DO NOT HESITATE TO USE YOUR EMERGENCY BUTTON IF YOU CANNOT REACH THE FRONT DESK.**

Bookkeeping:

- Please make sure that your monthly bill is paid on time.

Housekeeping:

- Please help us keep your apartment safe and sanitary. Please throw out old food and pick up spills as they happen.
- Please remember to label all your clothing with your apartment number. Also, please use a laundry slip each week.

Medications:

- Please do not buy any over-the-counter medication for your rooms without notifying Lesley or Jaime in the medication department.
- It has come to our attention that medications are being shared. **PLEASE DO NOT** share medications over-the-counter or otherwise with your friends and/or neighbors.

Maintenance:

- Remember for speedier service, please put your maintenance requests in writing and leave them at the front desk.

Happy Birthday!

Happy Birthday Residents!

Esther Rodriguez	02/03
Janet Millage	02/05
Helen Graul	02/06
Mary Slote	02/07
Peggy Crago	02/07
Dee Perry	02/10
Maralyn Hall	02/18
Peggy Donaldson	02/19
Patsy McGinnis	02/21
Georgie Morris	02/22
Paul Schnabel	02/23
Ruth Gedguadas	02/23
Marion Baskin	02/27
Frank Manzanares	02/28
Frances Anderson	02/29

Happy Birthday Employees!

Fetiya Mussa	02/04
Bikash Pradhan	02/10
Sara Gonzalez	02/17
Elaine Blanchard	02/26



Winners of the door wreath contest!!!!



FOR YOUR INFORMATION:



Please remember to sign out at the front desk whenever you are leaving the building.

Please remember to turn your lights and televisions off when you are not in your rooms. This saves energy, so lets do our part to be Green.

Pat Fellows, Apartment #221, has the Scrabble game for use on Friday's on the third floor. If you are interested please see her.

Thelma Cottier, apartment #222, has the Yahtzee game for use on Wednesday's and Saturday's. If you are interested please see her.

Pat Patterson, apartment #316, has the Uno cards. If you need them please see her.

Please note that Happy Hour on Friday's are set aside for residents only. If you have relatives or friends visiting during that time, as much as we would like to accommodate them, our space is limited, but you are more than welcome to come.

Remember you can request a Birthday dinner from the kitchen. Please give at least one week's notice if you would like a special dinner for your birthday. The desk can print you a slip.

Please remember that if you do not like the movie playing in the evening let the Activity Dept. know. We select ALL the movies shown unless we have a special request. Also, that all activities and times are subject to change at the discretion of the Activity department. Please be patient and understanding, as we try to not change without notice, but situations do arise.

Snacks are now available at the front desk. Coffee will still be on the 3rd floor.

Please remember if you do not pick up your newspaper by 1:00 o'clock, it will be thrown away.

F.Y.I about the Outings:

If you sign-up for an outing and decide not to go, you have 24 hours after you have signed up to cancel, or you will be charged for that outing. The seats are reserved weeks in advance.

Also, to simplify paying for the outings, we would like to collect payment when you sign up since many outing tickets need to be purchased in advance.

Please make sure that every outing you sign up for you are going to attend. The monies collected go into a fund which goes back to the residents who can't afford to pay for the trips.

Thank You,
Activities Department

The Granville's Department Head Staff

- Kathy Brock– Bookkeeper/Marketer
- Susan Rose– Activities Director
- Lesley Brown– Medication Coordinator
- Jaime Tafoya– Medication Coordinator
- Natalia Talada-Beautician
- Urbano Avila– Food Services Director
- Brent Starkebaum– Maintenance Coordinator
- Joe Whitney– Director of Resident Services
- Arleen Ryan – Administrator
- Rose Marie Whitney– CEO
- Oat Whitney– CEO